

Savoury

BREAKFAST SANDWICHES

COCOA Famous Egg Muffin, 1 Egg	\$2.95
Add Bacon Ham, Sausage or Cheese	\$1.50 ea.
Western Omelette Sandwich (3 eggs, Veggies on Baguette, Toast or Bagel)	\$6.95
Add Bacon, Ham or Cheese	\$1.50 ea.
Grilled Cheese Sandwich on Freshly Baked Toast	\$3.95
BLT Sandwich (Bacon, Lettuce & Tomato)	\$4.95
BELT Sandwich (Bacon, Egg, Lettuce & Tomato)	\$5.95
Smoked Salmon on a Bagel or Freshly Baked Toast with Cream Cheese, Red Onion & Capers	\$10.95
Turkey, Cream Cheese & Cucumbers on a Bagel	\$4.95
Bagel with Cream Cheese	\$2.50
Bagel with Butter	\$2.25
Add Jam	\$1.00

SOUPS & SALADS

Organic Spinach & Goat Cheese Salad with Roasted Walnuts, Strawberries, Red Onion & Raspberry Vinegar	\$8.95
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Smoked Salmon Salad with Red Onion, Capers & Cream Cheese	\$10.95
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	SMALL	LARGE
Garden Mix Greens Salad	\$3.95	\$6.95
Caesar Salad	\$4.95	\$6.95
Greek Salad	\$4.95	\$7.95

Add Grilled Chicken	\$3.75
Add Goat Cheese	\$2.75
Add Smoked Salmon	\$4.50

	SMALL	LARGE
Pasta Salad, Mixed Beans Salad & Potato Salad	\$3.95	\$5.95

Daily Soup Special	\$4.95
Lentil Soup	\$4.95
French Onion Soup	\$6.50

COMBOS

Half a Sandwich with your choice of Soup or Salad	\$8.50
Your Choice of a slice of Cake & Small Coffee	\$4.95
Tartine with Butter & Jam	\$3.25

ALL DAY BRUNCH

Assorted Quiches & Pies (add soup or salad \$3.50)	\$5.95
Smoked Salmon Bagel with OJ	\$12.95
Veggie Omelette (add Cheese or Ham for \$1.50 each)	\$6.95
Canadian Breakfast (2 eggs, Bacon, Slice of Bread & Potatoes)	\$5.95
Big Breakfast (3 eggs - Any Style, More Meat and Home Fries, Toast, Fruits)	\$9.95
Rugelach (Veggie, Ham, Swiss in Fello Dough)	\$6.95
Eggs Benedict (2 Poached Eggs on English Muffin with Hollandaise Sauce)	\$9.95
Try it with Goat Cheese & Mushroom	\$10.95
Add Cheese, Ham, Bacon	\$1.50 ea.

SANDWICHES & PANINI

All Sandwiches are made with your choice of our Daily Fresh Baked Breads

Tuna/Egg Salad	\$5.95
Ham & Swiss	\$7.50
Roast Beef	\$8.95
Smoked Salmon	\$10.95
Turkey & Brie on Walnut Bread	\$8.95
Med. Veg. Panini	\$6.95
Prosciutto Parisian	\$8.95
Montreal Smoked Meat	\$7.95
Monte Cristo	\$9.95
Chicken or Tuna Wrap	\$7.95
Croque-Monsieur	\$8.95
Croque Madame	\$9.50
Hummus Sandwich (Home-made Hummus, Lettuce, Tomatoes, Cucumber)	\$5.95

SAVORY CREPES

Egg & Cheese	\$6.95
Ham or Bacon, Eggs & Cheese	\$8.50
Chicken, Veggies & Cheese	\$8.95
Crepe Omelette with Hollandaise Sauce	\$8.95
Mushroom Spinach with Eggs or Feta	\$7.95
Smoked Beef with Dijon Mustard & Cheese	\$8.95
Tuna & Cheese	\$7.95
Veggie Crepe	\$6.95
La Royal (Chicken, Swiss Cheese, Bacon, Tomatoes & Mayo)	\$10.95
Chicken Melt (Chicken, Swiss Cheese, Mushroom & Tomatoes)	\$10.95

Additional Fillings:

Swiss Cheese, Feta, Brie, Prosciutto, Chicken	\$2.50 ea.
Mushroom, Bacon, Spinach, Ham	\$1.50 ea.

BREADS

Mini Baguette	\$1.50
Baguette	\$2.95
Whole Wheat, White Loaf, Rye	\$4.50
9 Grain	\$4.50
Olive	\$4.95
Honey & Raisin	\$4.50
Walnut	\$4.95

Drinks

FRESHLY SQUEEZED JUICE & SMOOTHIES - \$4.95

- Freshly Squeezed Orange
- Banana, Mango, Strawberry with Yogurt
- Mango, Peaches, Strawberry with Yogurt

- All Berries
(Cranberry, Raspberry, Strawberry, Blackberry & Yogurt)
- Very Berry Hibiscus Cool Lime

- Strawberries, Banana & Yogurt
- Pineapple, Mango, Banana, Strawberries & Yogurt

HOT BEVERAGES

	TALL	GRANDE	VENTI
Coffee	\$1.90	\$2.25	\$2.45
Americano	\$2.55	\$2.95	\$3.35
Espresso	\$1.90	\$2.45	
Cappuccino	\$3.50	\$3.95	\$4.45
Latte	\$3.50	\$3.95	\$4.45
Vanilla Latte	\$3.95	\$4.45	\$4.95
Hot Chocolate	\$3.25	\$3.45	\$3.75
Mocha Cafe	\$3.95	\$4.45	\$4.95
Caramel Macchiato	\$4.25	\$4.75	\$4.95
Pumpkin Spice Latte	\$4.25	\$4.95	\$5.25
Vanilla Bean Creme	\$3.75	\$4.25	\$4.75
Double Chocolate Chip	\$4.25	\$4.75	\$5.25
Chai Latte	\$3.75	\$4.28	\$4.75
Tea	\$2.05	\$2.25	\$2.45
Milk	\$1.95		

COLD BEVERAGES

Cans	\$1.75
Lemonade/Orangina/G2's Plus	\$2.95
Pop Bottle	\$2.75
Juice	\$2.75
Perrier	\$2.75
Water	\$1.50

ICED COFFEE/TAZO

	TALL	GRANDE	VENTI
Iced Coffee with Vanilla	\$2.65	\$2.95	\$3.25
Shaked Tea Tazo	\$1.95	\$2.35	\$2.65
Iced Tazo Lemonade	\$3.85	\$4.45	\$4.85
Iced Hazelnut Mochaccino	\$3.85	\$4.45	\$4.85
Iced Caramel Mochaccino	\$2.55	\$2.85	\$3.30
Iced Cafe Americano		\$4.45	

SWEET CREPES

Raspberry Jam and Brie	\$6.95
Choice of Sugar, Butter, Cinnamon, or Lemon	\$4.95
Choice of Jam, Honey, Maple Syrup, Apple Sauce	\$5.95
Nutella	\$5.95
Dark Chocolate with Coconut	\$6.95
Assorted Fruits	\$7.95
Ice Cream 3 Scoop Crepes	\$7.95
Additional Fillings:	\$1.50 ea.
Strawberry, Mixed Berries, Banana, Nuts, Nutella, or Caramel, Gelato, Brand Marnier, Fresh Cream Gelato Assorted Flavors (1 scoop) \$2.75 (2 scoops) \$3.95	

FRENCH TOAST & WAFFLES

French Toast with Syrup & Sugar	\$6.95
French Toast with Syrup, Sugar & Fresh Fruits	\$8.95
Waffle with Syrup & Sugar	\$6.95
Waffle with Mountains of Fruit, Syrup & Sugar	\$8.95
Waffle with Strawberries, Culis & Custard	\$8.95
Add Chocolate or Whipped Cream	\$1.50 ea.
Add Gelato	\$2.50
Add Bacon, Sausages, or Ham	\$2.50 ea.

PASTRIES, TARTS & VIENNOISERIE

Assorted Pastries or Tarts	\$3.95
Eclairs	\$3.50
Slice of Cake/Mousses	\$4.75
Assorted Square	\$2.95
Macaron	\$1.95
Loaves	\$2.50
Cookies	\$1.50 - \$2.50
Muffins	\$2.15
Scones	\$2.35
Plain Croissant	\$2.15
Chocolate Almond	\$2.35
Cheese Croissant	\$2.35
Walnut Sticky Bun	\$2.95
Cinnamon Bun	\$2.75
Biscottis	\$1.95
Chocolate Truffles	\$1.85
Strawberries Dipped in Chocolate	\$2.00 - \$2.50

Sweets

CAKES

Carrot, Strawberry Short, Cappuccino, Double Fudge, Lemon Chiffon, Black Diamond, and More!	
6"	\$22.00
8"	\$32.00

MOUSSE CAKES

Mango, Tiramisu, Raspberry	
6"	\$22.00
8"	\$32.00

CHEESE CAKES

Blueberry, Raspberry, Strawberry	
6"	\$24.00
8"	\$35.00